

JUMPING JOY

Have the children stand far enough apart they cannot touch each other. Ask the group, how much joy an object or activity brings them. The kids must answer by shrinking or jumping for joy! If they sit real close to the ground they don't find joy in the activity, if they jump up high it brings them great joy!

Object or Activity ideas:

- Soccer
- Taking a Bath
- Basketball
- Going to bed
- Tea Parties
- Going to Grandma's
- Making necklaces
- Jumping on the Trampoline
- Roller skating
- Swimming
- Cutting the grass
- Cleaning your room
- Singing
- Folding your clothes
- Going to the Fair
- Cooking with Mom
- Playing your video game
- Going to run errands
- Building a fort
- Climbing a tall tower
- Wash the dishes
- Feed the dog
- Clean the bathroom
- Get Christmas presents